

ORARI ON LINE 2022-2023

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'
	9:30-10:45 YOGA TIBETANO Caterina			
10:30-11:45 YOGA GENTILE Claudio			11:00-12:00 PILATES Caterina	
				18:15-19:30 HATHA YOGA Caterina
	19:40-20:40 VINYASA YOGA FLOW Caterina	19:30-20:30 VINYASA YOGA Claudio		